



### For more info contact

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Are you looking for someone who is a few steps ahead on the journey to walk with you and encourage you?

Would you like to walk with another woman listening to, encouraging, supporting and praying with her on her life journey?

## What does it look like?

- •Mentors & mentees enter into a formal relationship for 6 months (with an option of extension), committing to meet twice a month during this time. These are private and confidential meetings, and are up to the mentor/mentee to determine when, where and how.
- •The relationship is mentee driven. She may specify the area where she would like support and encouragement. This may be primarily related to her spiritual journey and also may have a focus on life issues such as parenting, marriage, health challenges etc. The type/area of support will be specified by the mentee in her application.

- •The mentor will listen, encourage, support, relate, and assist the mentee to lean into God on her life journey.
- •The process to become either a mentee or mentor includes completing a one page application, as well as an interview with someone from the Mentoring Team. Matches are then made by the Team based on compatibility and prayer.
- •Each mentor/mentee pair will be assigned a Mentor Support Partner from the Mentoring Team. The MSP will touch base with both individuals throughout the 6 months in order to ensure that it is a comfortable and beneficial pairing, and to support them in prayer.

Mentoring creates relationships that help individuals grow in areas of personal need, with a long-term perspective in mind. Effective mentors help their mentees step back, dream and look at the bigger picture. Mentors share from their own journey and trust God to guide as mentor and mentee move forward together.

# **Guidelines**

### MENTORS WILL:

- Be a committed follower of Jesus Christ
- Have a commitment to the mentor/mentee process
- Attend Foothills Alliance Church
- Have the necessary time in their schedules to give to this relationship
- Attend an interview with the Mentoring Leadership Team
- Attend training required for mentors

#### MENTEES WILL:

- Have an ongoing connection with Foothills through regular participation in weekend services or a program sponsored by Foothills (i.e. DayBreak, Alpha, Bridges, etc.)
- Have the necessary time in their schedule to give to this relationship.
- Have a commitment to the mentor/mentee process.
- Attend an interview with a member of the Mentoring Leadership Team.